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CONTACT: Crimson Duckett
PHONE: 614.517.8800
EMAIL: cduckett@aawalk.org

The National African American Male Wellness Walk Announces New Coordinator
Over 20 years of health and wellness experience; dedicated to making an impact on the urban community

WASHINGTON, DC– On Monday, January 11, The National African American Male Wellness Agency announced it will be hiring a new coordinator for the National African American Male Wellness Walk (NAAMWW) – DC.

Milton B. Yates has more than 20 years of experience in community development through health and wellness and youth sports within Washington, D.C. While attending Howard University on an athletics scholarship, he began his career as a personal trainer due to his love and passion for wrestling and the need to be in great shape.

Yates always knew he wanted to make an impact on the urban community so he then began his coaching career and has continued to use sport and fitness to change lives. He was named the 2018 Washington Post Coach of the Year. Fueling his drive for health and fitness, Yates served as trainer and chef for the Washington Football Cheerleaders for over 15 years.

After attending the first walk here, in 2017, Yates decided to he wanted to deepen his participation in the event because it highlighted two of his passions, community development and fitness. Over the next four years, Yates started to assist in executing certain elements of the event and eventually became a large vendor at the Annual Walk. It wasn't until this year, 2021, that he decided to take the lead in becoming the program's coordinator.

“I have seen first-hand the growth of the walk's impact on the DC area and the many challenges it has faced in producing a large-scale event in the Nation's Capital”, said Milton Yates, Coordinator of the NAMMW. We want to be a part of the solution.”

The agency will be hosting its first committee meeting via Zoom on Tuesday, January 19 at TBD.

For details on joining and participating in the meeting, please contact Joshua Ross at jross@aawalk.org